

Religion and Time Allocation

Please be as honest and realistic as possible with your responses. If you feel that the survey does not provide an answer choice that matches how you feel, please select the best answer available. You will be provided with an opportunity to leave additional comments at the end of the survey. If there is any question you do not feel comfortable answering, feel free to omit a response.

No one will see these responses with the exception of the researcher, and you will always remain completely anonymous.

Thank you for taking the time to complete this!

Background Information

Please be as honest and realistic as possible with your responses. No one will see these responses with the exception of the researcher(s), and you will always remain completely anonymous.

1. What is your race or ethnicity? Pick all that apply.

Check all that apply.

- Caucasian
- Middle-Eastern
- African/African-American
- Latino/Latina
- Chinese/Korean/Japanese
- Other Eastern Asian
- Indian (subcontinent)
- Native American
- Other:

2. Were you raised in the US?

Mark only one oval.

- Yes
- No

3. If not raised in the US, please specify country of origin:

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4. What is your gender?

Mark only one oval.

- Male
- Female
- Prefer not to say
- Other:

5. What is your date of birth?

.....
Example: December 15, 2012

6. How would you best rate your health?

Mark only one oval.

- Excellent
- Very good
- Good
- Fair
- Poor
- Very Poor

7. What is your occupation?

Religion

8. Are you a spiritual and/or religious person?

Mark only one oval.

- Yes
- No

9. Do you believe in an afterlife?

Mark only one oval.

- Yes
- No

10. Do you believe in Heaven?

Mark only one oval.

- Yes
- No

11. Do you believe in Hell?

Mark only one oval.

- Yes
- No

12. Do you believe in God(s) or spiritual being/experience/force?

Mark only one oval.

- Yes
- No

13. Are you...

Mark only one oval.

- Christian (Catholic)
- Christian (Orthodox)
- Christian (Protestant)
- Muslim
- Mormon
- Jewish
- Hindi
- Buddhist
- Baha'i
- Agnostic
- Atheist
- Other:

14. If you selected Protestant, please name denomination

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15. Are you currently practicing your religion or belief system?

Mark only one oval.

- Yes
- No
- I don't know
- Not applicable

16. Did you ever previously consider yourself...

Check all that apply.

- Christian (Catholic)
- Christian (Orthodox)
- Christian (Protestant)
- Muslim
- Hindi
- Buddhist
- Jewish
- Folk
- Agnostic
- Atheist
- Other:

17. If you selected Protestant, please name denomination

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18. Are you a member to a church/mosque/synagogue/etc?

(ie Holy Family Catholic Church)

Mark only one oval.

- Yes
- No
- Used to be
- Not applicable

19. How often do you attend a mass/service/prayer meeting?

Mark only one oval.

- More than once a day
- Once a day
- Once a week
- More than once a week
- Once a month
- A few times per month
- Once a year/on major holidays
- Once every few years
- Never

20. Why do you attend a mass/service/prayer meeting?

Select all that apply, ranking them from most important (1) to least

Check all that apply.

- Because the rituals fulfill me spiritually
- Because the homilies/sermons fulfill me spiritually
- Because I get to see my friends
- Because I have to go with my family
- Because I am curious about how religion affects me and/or society
- Because it is the only place I feel safe
- Other:

21. Have you been baptized/confirmed/initiated into your church/synagogue/etc.?

Mark only one oval.

- Yes
- No
- Not applicable

22. **Have you ever burned candles with spiritual or religious meaning?**

Mark only one oval.

- Yes
 No

23. **How strong would you consider your spirituality?**

Mark only one oval.

	0	1	2	3	4	5	6	7	8	9	10	
Not religious	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Very religious

Time Allocation

Please list a numerical value (with units) to denote the time spend doing any of the following activities. The sum of the numbers should be 24 (because there are 24 hours in a day).

24. **How many hours per night (on average) do you spend sleeping?**

Mark only one oval.

	0	1	2	3	4	5	6	7	8	9	10	
No sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	10 or More

25. **How much time per day do you spend working at your workplace (time spent in school)?**

Mark only one oval.

	0	1	2	3	4	5	6	7	8	9	10	
None	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	10 or More

26. **How much time per day do you spend eating?**

Mark only one oval.

- Less than thirty minutes
 Thirty minutes
 One hour
 One and a half hours
 Two hours
 Two and a half hours
 Three or more hours

45. How much time per day do you spend on social media?

Mark only one oval.

0 1 2 3 4 5 6 7 8 9 10

None 10 or More hours

46. How often do you watch television/Netflix/et al?

Mark only one oval.

0 1 2 3 4 5 6 7

Less than once per week Every day

47. How much time per day do you spend watching TV/Netflix/et al?

Mark only one oval.

0 1 2 3 4 5 6 7 8 9 10

None 10 or More hours

48. Is there anything else you spend time doing that is not listed above? Please list the activity, the frequency of that activity, and the time spent on that activity here:

Please specify units (hours per week, hours per day, minutes per day, etc)

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Morning or Night?

49. Do you find yourself most productive in the morning or evening?

Mark only one oval.

- Morning
- Night
- I don't know

Thank you for your participation!

For more information on this research, or to provide feedback, please visit <http://religecon.weebly.com/>.

50. Are there any other comments you wish to add?

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